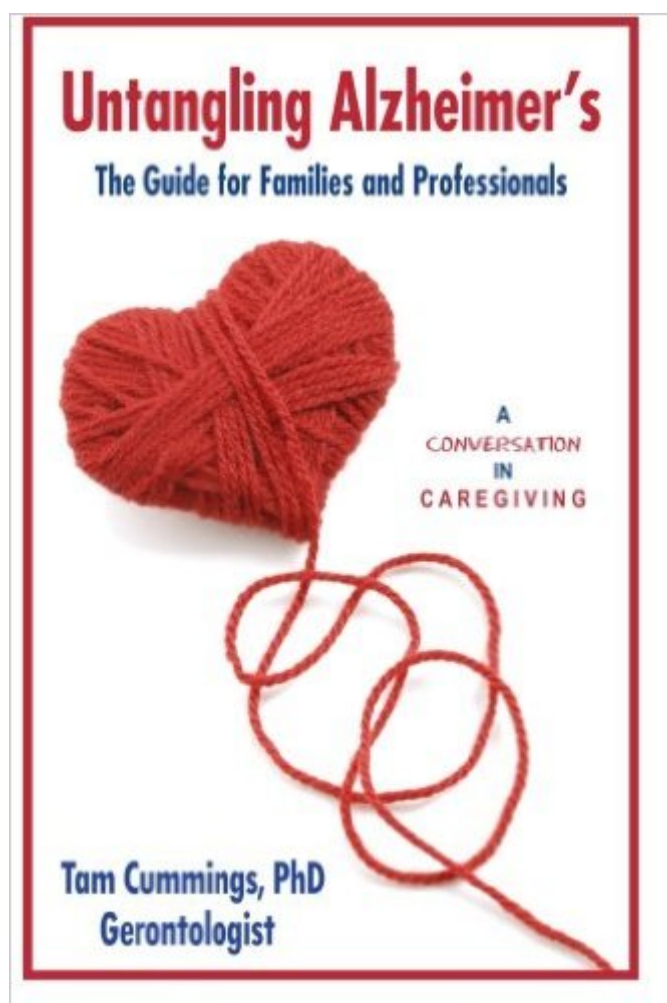


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# Untangling Alzheimer's: The Guide For Families And Professionals (A Conversation In Caregiving) (Volume 1)



## Synopsis

A gerontologist explains dementia and Alzheimer's disease, from diagnosis to death in terms family and professional caregivers can understand. The stages of dementia, the history of Alzheimer's and the physiology of the disease are explained. Communication techniques, working with and tracking combative behaviors for the doctor are discussed, as well as techniques to address caregiver stress. Activities for person's with dementia are offered. The progression of the disease with an emphasis on the A's of Alzheimer's are provided, giving caregivers a clear explanation of falls, loss of speech, movement and memory. Vignettes from case histories are used to illustrate key points in the book. A detailed and compassionate explanation of the end of life is presented for caregivers.

## Book Information

Series: A Conversation in Caregiving

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## Customer Reviews

This book is invaluable to anyone who is touched by a dementia diagnosis; caregiver, loved one, friend, professional, etc. Not only is Alzheimer's addressed but many of the other dementias are included also. It makes these diseases so much easier to understand which in turn, makes the behaviors associated with them much easier to cope with. I share this book with everyone facing these challenges and I have seen it change lives - the "AH HA" moment when things finally start to make sense! Tam Cummings is very generous with her unending knowledge of dementia, behaviors, caregiving - both paid and unpaid, and solutions to the most difficult problems you will face. Her casual writing style makes this topic easy to grasp and just when you're ready to ask your next

question the answer appears!!I encourage you to read/share this book if you want help in solving the mystery surrounding a dementia diagnosis.

This book shared a lot of information in a very readable fashion. I enjoyed the book and learned a tremendous amount. As another reviewer stated, the book covers a variety of dementias, and dementia as a whole. My relative does not have Alzheimer's, and while her specific type wasn't addressed in depth, I learned more than enough about the spectrum of the disease to feel justified in saying this book is for all those affected by any of the dementias. It helped me to understand the disease itself, its progression, and its effect on families and caregivers. It shared information about dealing with daily tasks, interacting with the person with dementia, and other such useful information. It also had tips about caregiving and coping in that role. However, the very poor editing caused me to lower my rating by one star. Certain sentences were unintelligible, and many others had to be read several times to grasp the meaning.

This book explains the sequence(s) of dementia and what the caregiver can do or say to make life easier for both the person and the caregiver. It is hard to find books on this subject and this one has lots of helpful hints. I won't say I agree with all of it but in general it is very good. Easy to read. I would also suggest reading it in "bites" so it won't be overwhelming (emotionally).

This book was recommended reading from a Dementia specialist in a nursing home. It is easy reading and explains so much that I did not know about dementia. I would recommend it to anyone who has Alzheimers in their family.

More information on the stages of Alzheimer's than I've ever read. Would recommend it to anyone who is closely involved with someone who has Alzheimer's. Lots of grammatical errors, but doesn't take away for the content.

This is an extremely helpful book for those who are caretakers of loved ones with Alzheimer's or other dementias. Tam, the author, writes in an easy-to-understand, conversational manner, so you don't need to be a doctor to "get it." She lists the stages of Alzheimer's and how the disease affects the brain, as well as the pattern in which damage occurs in the brain. She also discusses other dementias and how they progress. For anyone helping someone through their "long goodbye," this is a must-read.

W.O.W. After reading this I realized all I really did NOT know or understand about dementia and Alzheimer's. My mom's neurologist suggested it to me as he has told her she "has a form of dementia" - to help us prepare for what is most likely in front of us with her. Insightful, eye-opening and extremely informative - along with being very easy to read and understand. I totally recommend this excellent guide to understanding and untangling Alzheimer's.

My Dad just passed away from Alzheimer's. I read this book during the last stage of his disease. This book was so very helpful in describing the end of his life. I recommend it highly so you will UNDERSTAND the Alzheimer's thinking and logic as the person moves through the different stages of the disease.

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